## 2020 Planning \& Progress Study

Student Debt

Northwestern Mutual is the marketing name for The Northwestern Mutual Life Insurance
Company (NM), Milwaukee, WI and its subsidiaries.

## Background

The 2020 Planning \& Progress Study, a research series from Northwestern Mutual, explores U.S. adults' attitudes and behaviors toward money, financial decision-making, and the broader issues impacting people's long-term financial security.

The study was conducted by The Harris Poll on behalf of Northwestern Mutual and included 2,650 American adults aged 18 or older in the general population who participated in an online survey between February 12-25, 2020.

Results were weighted to Census targets for education, age/gender, race/ethnicity, region and household income. Propensity score weighting was also used to adjust for respondents' propensity to be online. No estimates of theoretical sampling error can be calculated; a full methodology is available.

## On average, Americans with student debt hold balances of \$24,155

Incidence of student debt is higher among Gen $Z$ and Millennials with about 1 in 4 reporting student debt compared to just $16 \%$ of Gen X. However, average student loan debt balances are higher among the two older generations compared to Gen Z .


## 1 in 10 (11\%) Americans believe it will take over 20 years to pay off their student loan debt

Nearly half of Gen Z and Millennials expect to pay off their student loans in 1 to 5 years, compared to just 1 in 3 Gen Xers.


Two in five (40\%) Americans say they did not have a proper understanding of the implications of taking on student debt when they elected to seek a loan

Proper Understanding of Implications
When Electing to Take on Student Debt


Percent Saying They Did Not Have Proper Understanding of Student Loan Implications

By Generation


## Two-thirds say they would change something about their student loan decision

More specifically, a plurality (42\%) would not have taken a student loan at all.

Would change anything about decision to
take a student loan


What would be done differently


## 1 in 6 (16\%) Americans say parents are helping pay off student loan debt



