

## 2020 Planning & Progress Study

April 2020

Fragile Financials: Defense, Planning & Advisors

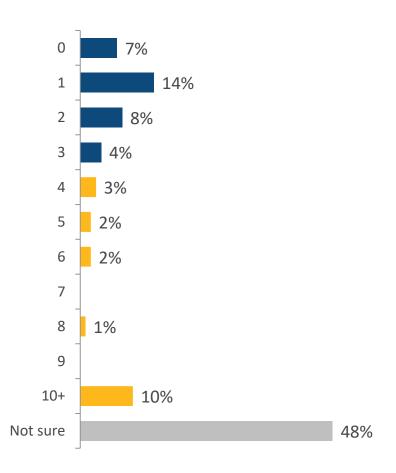
#### Background

The 2020 Planning & Progress Study, an annual research study from Northwestern Mutual, explores U.S. adults' attitudes and behaviors toward money, financial decision-making, and the broader issues impacting people's long-term financial security.

The study was conducted by The Harris Poll on behalf of Northwestern Mutual and included 2,650 American adults aged 18 or older in the general population who participated in an online survey between February 12-25, 2020.

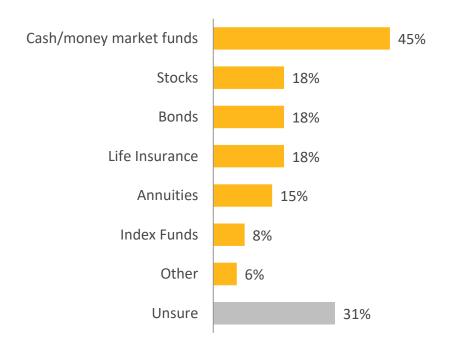
Results were weighted to Census targets for education, age/gender, race/ethnicity, region and household income. Propensity score weighting was also used to adjust for respondents' propensity to be online. No estimates of theoretical sampling error can be calculated; a full methodology is available.

# Even before the COVID-19 outbreak, one third of Americans said they were within three missed paychecks of having to borrow money or skip paying bills



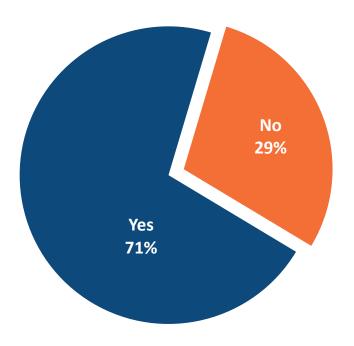
## Nearly half of Americans believe cash/money market funds are the best financial defense against economic uncertainty, while almost 1 in 3 are unsure

#### **Best financial defense**



### Most Americans feel their financial planning needs improvement, and

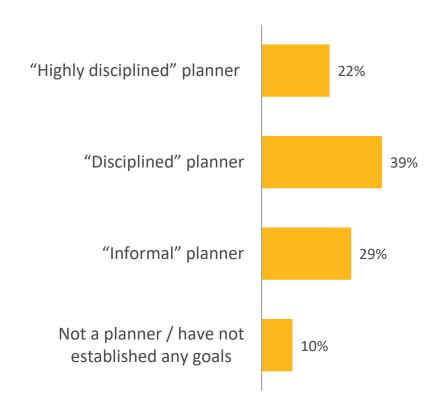




#### 3 in 10 Americans struggle with confronting their financial situation,

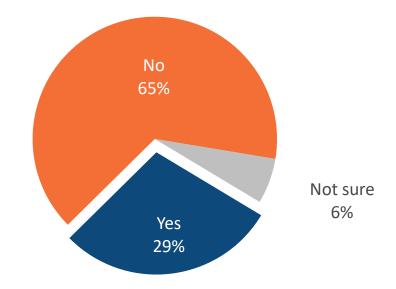


#### However, there are signs that the instinct and discipline to plan are there



### Nearly 2 in 3 Americans do not work with a financial advisor, and

#### Whether have a financial advisor



### They trust themselves the most when it comes to financial advice

