

2019 Planning & Progress Study

America the Risk-Averse

Northwestern Mutual is the marketing name for The Northwestern Mutual Life Insurance Company (NM), Milwaukee, WI and its subsidiaries.

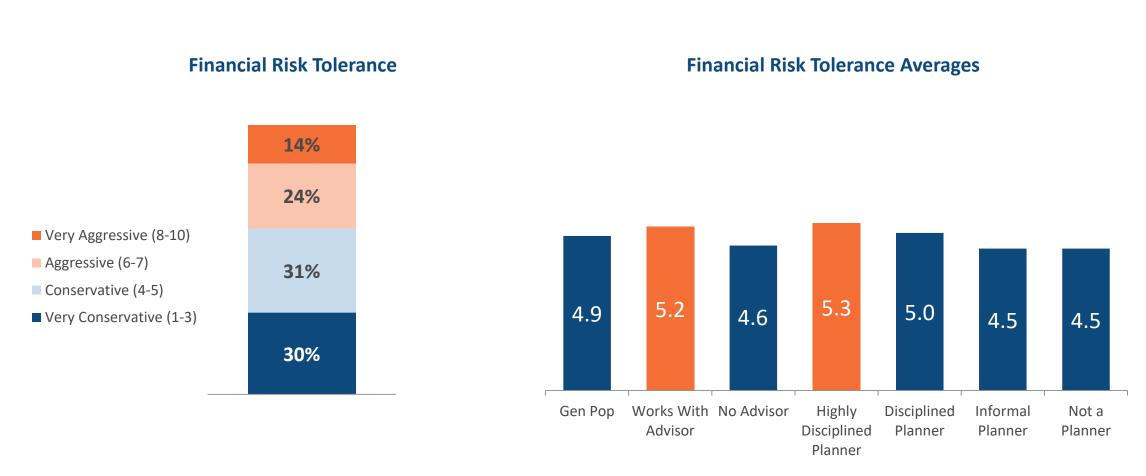
The Northwestern Mutual Life Insurance Company – Milwaukee, W

2019 marks the 10th year of the Planning & Progress Study – an annual research study from Northwestern Mutual that explores U.S. adults' attitudes and behaviors toward money, financial decision-making, and the broader issues impacting people's long-term financial security.

The study was conducted by The Harris Poll on behalf of Northwestern Mutual and included 2,003 American adults aged 18 or older in the general population who participated in an online survey between February 20 and March 5, 2019.

Results were weighted to Census targets for education, age/gender, race/ethnicity, region and household income. Propensity score weighting was also used to adjust for respondents' propensity to be online. No estimates of theoretical sampling error can be calculated; a full methodology is available.

Americans are inclined to play it safe rather than take risks with their finances



BASE: ALL QUALIFIED RESPONDENTS – 2019 Gen Pop (n=2003)

RA1. On a scale of 1-10, what would you say is your "financial risk tolerance," defined as your comfort level with taking financial risks in order to seek financial returns?

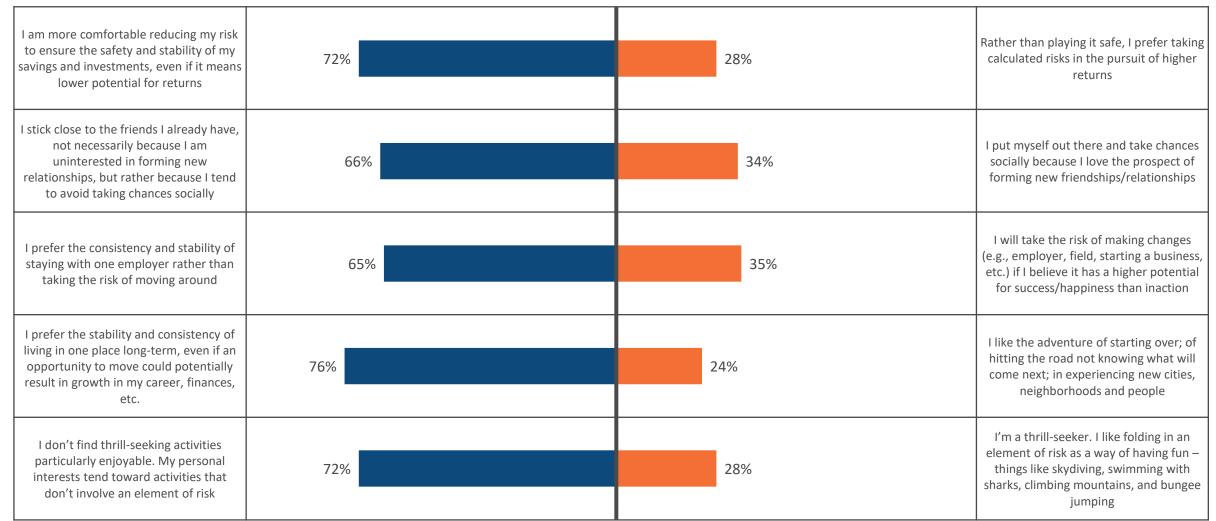
Q1230. Do you have a financial representative or advisor that you work with?

Q1005. When it comes to financial planning, which of the following best describes the type of financial planner you are?

Americans' tendency toward risk-aversion isn't limited to finances

Risk-averse...

Risk-taker...



BASE: ALL QUALIFIED RESPONDENTS - Gen Pop: (n=2003)

Q1530. The next set of questions will explore the aspects of your life where you are more likely to take risks and where you are more likely to choose the stability of playing it safe.