The Northwestern Mutual Life Insurance Company – Milwaukee, WI

2018 Planning & Progress Study

Planning

Northwestern Mutual is the marketing name for The Northwestern Mutual Life Insurance Company (NM), Milwaukee, WI and its subsidiaries.



Background

The 2018 Planning & Progress Study seeks to provide unique insights into U.S. adults' attitudes and behaviors toward money, financial decision-making, and the broader landscape issues impacting people's long-term financial security.

The study is based on an online survey of 2,003 U.S. adults age 18+ conducted from March 7-19, 2018 (and an oversample of 601 interviews with U.S. Millennials age 18-34 which has been combined with the general population of those age 18-34 when featuring this group).

Data were weighted to be representative of the U.S. population (age 18+) based on Census targets for education, age/gender, race/ethnicity, region and household income.

How does financial planning make you feel?

2 in 5 Americans say it's "not my favorite thing in the world but know it needs to get done like a medical check-up" when asked how they feel about planning.



What type of planner are you?

Most describe themselves as "informal planners" while about half consider themselves "highly disciplined" or "disciplined" planners (49%).

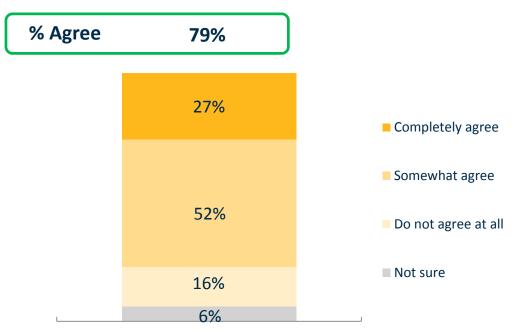


BASE: ALL QUALIFIED RESPONDENTS - Gen Pop: (n= 2003)

Q1005. When it comes to financial planning, which of the following best describes the type of financial planner you are?

Americans have a strict definition of financial responsibility,

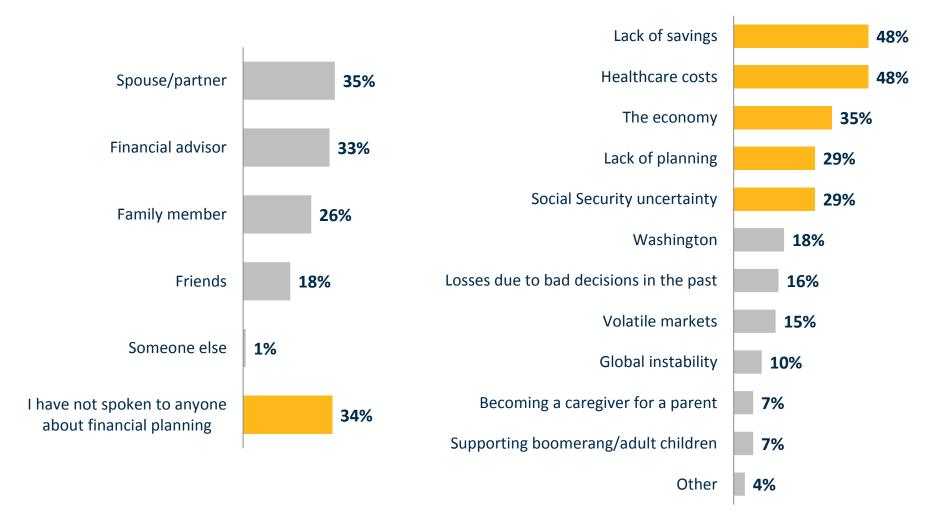
Almost 8 in 10 Americans agree that ". . . being financially responsible means always sticking to a plan/budget and never deviating."



I feel like being financially responsible means always sticking to a plan/budget and never deviating

...which may lead to a lack of planning momentum,

1 in 3 Americans have not spoken to anyone about financial planning, yet a "lack of planning" ranked among the top 5 obstacles to achieving financial security in retirement.



...and continues to be work in progress for most Americans

7 out of 10 Americans feel their financial planning needs improvement.

