

Northwestern Mutual Board Elects Nicholas E. Brathwaite and Anne M. Paradis to Board of Trustees

Milwaukee, May 26, 2016 – The board of trustees of [Northwestern Mutual](#) has elected Nicholas E. Brathwaite and Anne M. Paradis to serve on the company's board. Brathwaite is a Silicon Valley technology entrepreneur, international business executive and private equity and venture capital investor. Paradis is the CEO of MicroTek, Inc., a global manufacturing company serving the medical device, life science, scientific instrument and industrial markets.

"Nic and Anne are welcome additions to our board," said John E. Schlifske, Northwestern Mutual chairman and CEO. "We will benefit from their expertise as we help our clients see their whole financial picture using a personalized, technology-enabled approach."

As an entrepreneur, Brathwaite started several successful businesses that grew to annual revenues ranging from about \$50 million to \$6 billion. He is currently co-founder and partner of Riverwood Capital, a global, growth equity, investment firm with over \$2 billion in assets under management. He obtained his Bachelor of Science degree from McMaster University, his Master of Science degree from The University of Waterloo in Canada and in 2014 was awarded an honorary Doctor of Science by the University of the West Indies.

Paradis has been the CEO of MicroTek, Inc. since 1987, where she has helped transform the firm from a small local company into a multi-million dollar manufacturer of custom equipment components for multinational medical, scientific and security customers. Located in Chicopee, MA, the company's revenues have doubled in the last decade. Paradis is vice chair of the board of directors of Baystate Health Systems, western Massachusetts' largest hospital system, and serves on the board of its managed care insurance company. She earned her Bachelor of Arts degree in Psychology from Westfield State University and her Master of Business Administration degree from the University of Massachusetts Amherst.

Brathwaite and Paradis previously served on Northwestern Mutual's [Policyowners' Examining Committee](#), an independent group appointed each year since 1907 to take an impartial and unrestricted look at the company's operations, management and strategic planning.

Their appointments will be effective July 1.

About Northwestern Mutual

[Northwestern Mutual](#) has been helping families and businesses achieve financial security for nearly 160 years. Our financial representatives build relationships with clients through a distinctive planning approach that integrates risk management with wealth accumulation, preservation and distribution. With \$238.5 billion in assets, \$27.9 billion in revenues and more than \$1.6 trillion worth of life insurance protection in force, Northwestern Mutual delivers financial security to more than 4.3 million people who rely on us for insurance and investment solutions, including life, disability and long-term care insurance; annuities; trust services; mutual funds; and investment advisory products and services. Northwestern Mutual is recognized by FORTUNE magazine as one of the "World's Most Admired" life insurance companies in 2016.

Northwestern Mutual is the marketing name for The Northwestern Mutual Life Insurance Company, Milwaukee, WI, and its subsidiaries. Northwestern Mutual and its subsidiaries offer a comprehensive approach to financial security solutions including: life insurance, long-term care insurance, disability income insurance, annuities, life insurance with long-term care benefits, investment products, and advisory products and services. Subsidiaries include Northwestern Mutual Investment Services, LLC (NMIS), broker-dealer, registered investment adviser, member FINRA and SIPC; the Northwestern Mutual Wealth Management Company (NMWMC), limited purpose federal savings bank; and Northwestern Long Term Care Insurance Company (NLTC).

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